

## TORQUE GUIDE IN NM



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METRIC	CLASS 4.6	CLASS 8.8	CLASS 10.9	CLASS 12.9
<b>M6</b>	4	9	13	15
<b>M8</b>	9	22	32	37
<b>M10</b>	17	44	63	73
<b>M12</b>	30	77	109	128
<b>M14</b>	47	124	174	203
<b>M16</b>	74	190	270	316
<b>M18</b>	101	269	371	436
<b>M20</b>	144	372	528	620
<b>M22</b>	195	519	722	840
<b>M24</b>	249	640	914	1066
<b>M27</b>	362	967	1339	1561
<b>M30</b>	496	1314	1817	2124
<b>M33</b>	669	1782	2449	2884
<b>M36</b>	864	2297	3173	3708

1 POUND = 4.448 NEWTON

1 NEWTON = 0.224 POUND

1 KILOGRAM = 9.807 NEWTON

LBF/FT = 'FOOT POUND' OR FT/LB

**1.36 x FT/LB = NM**

**NM ÷ 1.36 = FT/LB**

ALWAYS REMEMBER THAT THE BEST METHOD FOR RETAINING A NUT ON A BOLT IS BY PROPER TIGHTENING.

## TORQUE GUIDE IN FT/LB



UNF	GRADE 5	GRADE 8	PLATED GRADE 9	BSW	GRADE 2
1/4	8	12	12	1/4	3
5/16	16	23	20	5/16	6
3/8	31	43	35	3/8	12
7/16	48	67	60	7/16	19
1/2	73	104	95	1/2	28
9/16	105	149	135	5/8	55
5/8	150	207	190	3/4	98
3/4	260	363	330	7/8	150
7/8	409	577	520	1	230
1-12	607	859		1 1/8	320
1-14 UNS	627	883	700	1 1/4	450
1 1/8	771	1251	1150	1 3/8	615
1 1/4	1075	1744	1600	1 1/2	780
1 3/8	1448	2349			
1 1/2	1900	3083	3300		
<b>UNC</b>					
1/4	7	10	10		
5/16	15	21	19		
3/8	27	38	30		
7/16	43	60	55		
1/2	66	92	85		
9/16	94	133	120		
5/8	130	183	170		
3/4	230	325	265		
7/8	370	523	475		
1	558	785	550		
1 1/8	688	1116	1025		
1 1/4	971	1573	1400		
1 3/8	1272	2063			
1 1/2	1690	2738	2900		

THE TORQUE FIGURES QUOTED ARE BASED ON APPROXIMATELY 65% PROOFLOAD IN PLAIN AND DRY CONDITIONS AND ARE FOR GENERAL GUIDANCE ONLY.